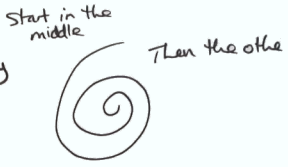
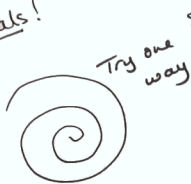


① Spirals!

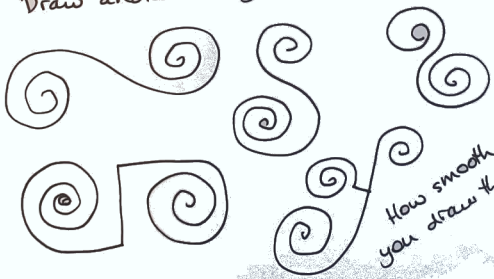


② Try starting at the outside and going in.....



Is that easier or harder?

③ Start in the middle and draw a spiral  
DONT take your pen off the paper  
Draw another one going into the middle...



How smooth can you draw them?